



Minutes for Board online meeting, August 10th, 2020

Attendees: Mireille Brownhill, Toby Bossert, Louise McLaren, Gary Bradshaw, Miranda Gray

Absent: Garth Williams

Opening Remarks

Mireille reminded us all that it's okay to not be okay. She encouraged us to reach out if we need help.

Approval of the agenda

Approved as amended by consensus.

Approval of minutes from June 8, 2020

Deferred to next meeting.

Following up on action items:

- Mireille: For the FB Live event, the community's questions were sent to councillor in advance. There were 1,200 views.
- Miranda: Advertising policy add to the FB group description.
- Miranda: Policy on charity request were added to the FB group description.
- Mireille: Outreach to Heart of Orleans BIA done.
- Gary & Mireille: Thank you cards to volunteers sent out.

President's update

- a) **Facebook Live event with councillor:** The event is available for replay on his FB page if you missed the event. Not all questions were answered during the meeting. For some, the councillor said he would follow-up later. No summary has been received to date.
- b) **MP Marie Francis Lalonde:** Do we want a Zoom meeting for CGOWCA with all our elected officials? Up to 100 participants, limit 1 hour long, starting at 7 pm. Mireille reviewed the proposed dates with the board to get feedback. She will follow up to arrange a date.
- c) **Insurance:** It has been an adventure. In short, the insurer is trying to exit out of this line so pricing folks out. This year, we cannot get G&CL for up to 2 million dollars of coverage for \$400. We can only get up to 5 million dollars for \$1,300. Despite the

small number of activities, we have been rated high risk. (This is city run program and this rating change is affecting associations across the city.) Our insurance has been extended until 10th August. Our D&O insurance would be up to 2 million dollars of coverage for \$500 for year. Reading of our bylaws, Mireille proposes taking only D&O insurance. The association would buy event coverage as we run events. The broker extended our coverage. But we need to act tonight. Mireille explained that coverage from the city for a park-based event like yoga can be bought for \$2 per session.

Motion: To not renew C&GL this year and to renew the D&O insurance to 2 million for about \$500. Moved Mireille. Seconded Gary. **Carried.**

Mireille will arrange the insurance with the broker.

Motion: The remaining yoga session will be covered via city program. Moved Mireille. Seconded Louise. **Carried.**

FCA update

- Miranda reported there are no general meetings over the summer.
- The FCA AGM will be held online on September 16th.

Financial Update

- Gary reported there are a few yoga session cheques still to be cashed. Miranda has provided the \$35 FCA annual membership receipt. The insurance cheques need to go out.

Communications

- a) **Newsletter:** Miranda suggested we have a newsletter focussed on mental health early in September. This newsletter would also include information about our AGM.
- b) **Website:** Miranda reported she had made a correction on the senior's resources page submitted by one of the organizations listed. It is time to review the page and check each link is still working. Miranda will try to find a volunteer to help develop content via the U of O student volunteer program.
- c) **Facebook:** Miranda reminded the group that our motion to change the wording which was passed online between meetings will be added to June draft minutes. There was some discussion about how the policy is working and what additional interaction with specific people who are trying to bend the rules is needed. In general, we need to be proactive and consistent in dealing with posts.

Events

- a) **July 18 – Community BBQ:** We discussed this year's event as part of our follow-up process. Basically, COVID19 meant more outside organizations could not take part and we could not gather as a group. The heat wave on the day made it difficult for people to head to parks on the day. Gary noted that our standard location at Convent Glen Mall has very little shade. Golden Fries was able to participate that day. The recommendation is to repeat the event next year and increase the promotion of the event.
- b) **Yoga in the park:** Mireille reported that the sessions are going well. At the start of the summer, we were limited to 10 participants but COVID19 restrictions have been lifted

and the August sessions have had more participants. Overall, the events are getting more attendees each year. The recommendation is to repeat the events next year.

- c) **Movement Mondays:** Mireille reminded us that Andrew of Trinity Physio has been providing a gentle movement session on Facebook Live every Monday at 12:30. After the decision was made to cancel the community BBQ, he still wanted to offer something to the community. Thank you!

Annual General Meeting

- **Date:** The AGM will be held online on September 21st at 7 pm.
- **Speakers:** Ideas from the group were - Ecology Ottawa, Friends of Petrie Island or Bike Ottawa. Mireille will try to arrange a speaker.
- **Recruitment videos:** Mireille has posted a board member recruitment video and asked the rest of us to consider posting one as well.
- **Invitations:** Mireille will send out the invitations according to the requirements in the by-law.
- **Process:** Toby will investigate using Facebook Rooms.

Development

- Miranda reported that the plan for **the LTC home off Champlain** is now available. It is available on the councillor's Facebook page or via the city of Ottawa Development site.
- Miranda has shared via email the news from Habitat for Humanity that the Leacross Landing is nearly complete. The last families should move in soon.

New Business

Halloween: Miranda suggested we may wish to offer alternatives to Trick or Treating (depending on Ottawa Public Health recommendations). She suggested that we run 3 Pumpkin parades in various parks so kids can show off their costume and have a physical distancing event. She will reach others in Ottawa who have run Pumpkin Parades.

Next meetings

- The **September 8th** meeting is firm as we need to prepare for the AGM.
- The **AGM is September 21st** and is followed afterwards by the first meeting of the board to schedule their first full meeting.
- These meetings will be virtual based on Ottawa Public Health recommendations.